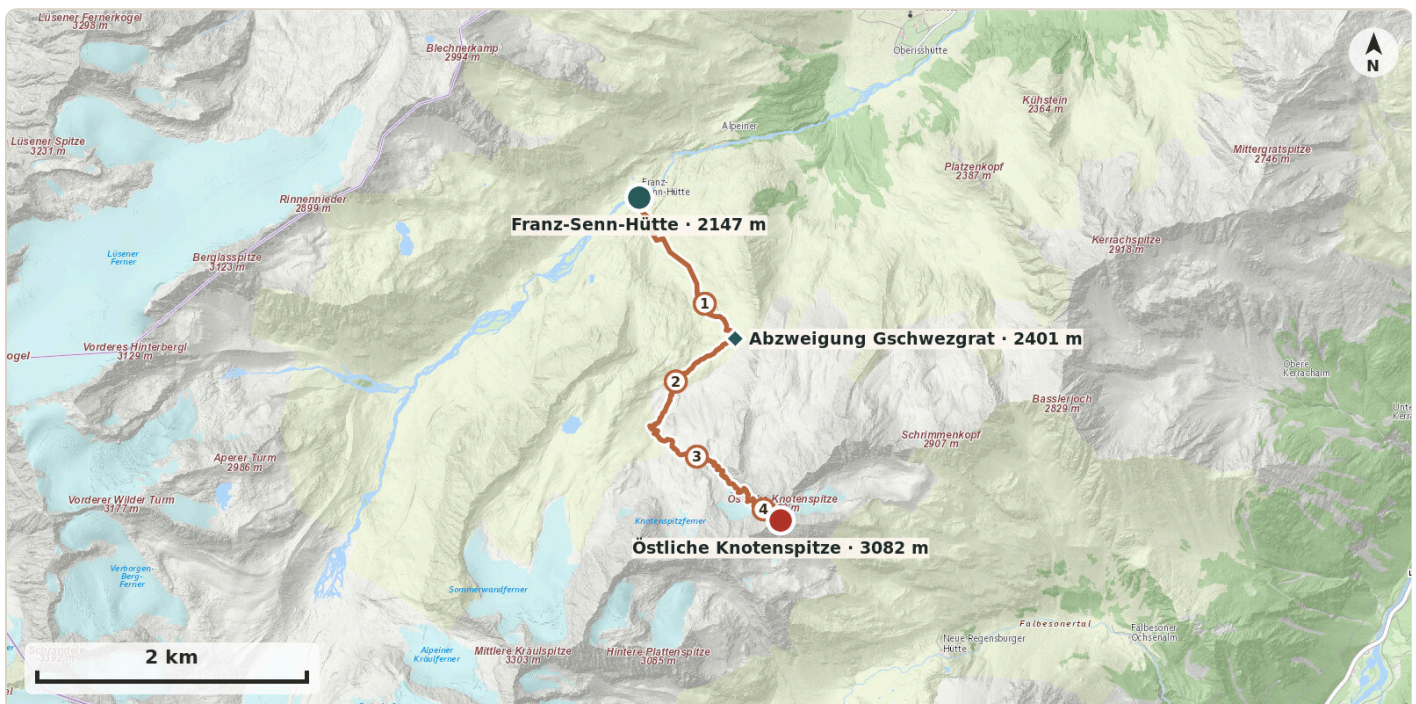


## Östliche Knotenspitze 3082 m

DURATION  
**3 h 30 min**DISTANCE  
**4.5 km**ASCENT  
**970 m**  
Descent 30 mHIGHEST POINT  
**3080 m**  
from 2150 mDIFFICULTY  
**Mountaineering ZS · Ski ZS**  
SAC alpine scale  
(Abzweigung  
Gschweizgrat –  
Östliche  
Knotenspitze) · SAC  
ski touring scale  
(Abzweigung  
Gschweizgrat –  
Östliche  
Knotenspitze)START / FINISH  
**Franz-Senn-Hütte**  
Finish: Östliche  
Knotenspitze

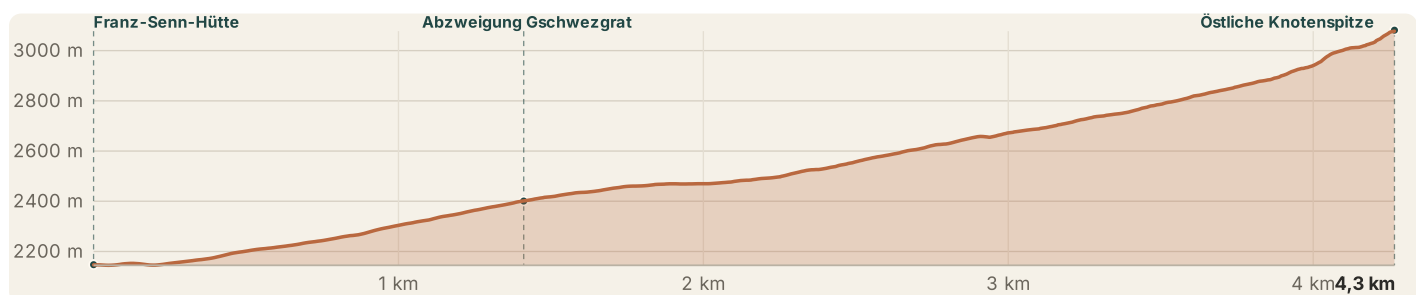
Equipment: Glacier equipment

Route points: Franz-Senn-Hütte 0,0 km, 2150 m – Abzweigung Gschweizgrat 1,4 km, 2400 m – Östliche Knotenspitze 4,3 km, 3080 m



Map · Track length 4.3 km

Base map: basemap.at



Elevation profile

2143 m – 3082 m

Östliche Knotenspitze (3082 m) stands within sight of the Franz-Senn-Hütte and, with a little over 900 metres of ascent, is an ideal objective for a shorter day. It is not harmless for that reason: the ascent leads over the Knotenspitzenferner and ends in a very steep, narrow summit gully followed by a blocky ridge. A high-level ski tour for experienced ski mountaineers with secure crampon technique.

## Route description

**Franz-Senn-Hütte → Abzweigung Gschweizgrat**

0,0–1,4 km · 1,4 km · ↑ 260 m ↓ 10 m · Winter · WS (SAC ski touring scale)

From the hut, first follow the valley floor on level ground, then climb a short steep step and continue over easier ground southwards below the Gschweizgrat at about 2400 m.

## ■ Abzweigung Gschweizgrat → Östliche Knotenspitze

1,4–4,3 km · 2,9 km · ↑ 700 m ↓ 20 m · Winter · ZS (SAC ski touring scale) · ZS (SAC alpine scale)

Follow the level floor to its end. To the right of the prominent rock buttress, head south up a short, very steep north-facing slope into the cirque below the Alpeiner Knotenspitze and the Falbesoner Knotenspitze. Keep left below the rock spur running north down from the Falbesoner Knotenspitze. Pass it to reach the remnants of the Östliche Knotenspitzenferner.

Ascend the steepening glacier remnant on the true right to the foot of the summit gully – ski depot here at around 3000 m. Climb the narrow gully, 35–40° steep, to the west-south-west ridge (small saddle). Follow the boulder ridge, with around 50 metres of easy, partly exposed climbing, to the summit cross of Kreuzspitze, the immediate neighbouring summit of the Östliche Knotenspitze.

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<https://www.franzsennhuetten.at/en/touren/ostliche-knotenspitze-3082m> As of 31.10.2026

All details without guarantee. Check weather, conditions and avalanche situation yourself and plan the tour on your own responsibility.